

MONDAY

time	squad profile	level
2.15 - 3pm	RED BALL	1
3 - 4pm	RED BALL	2&3
3 - 4pm	ORANGE BALL	1&2
4 - 5pm	GREEN BALL	3
4 - 5pm	HARD BALL 12/14	2
6 - 7pm	HARD BALL 12/14	1&2

THURSDAY

time	squad profile	level
2.15 - 3pm	RED BALL	1
3 - 4pm	RED BALL	2&3
3 - 4pm	ORANGE BALL	ALL LEVEL
4 - 5pm	GREEN BALL	1 & 2
6 - 7pm	HARD BALL 12/14	1 & 2

SQUAD PROFILE	YOB
RED BALL LEVEL 1	2017 - 2018
RED BALL	2016 - 2015
ORANGE BALL	2014 - 2013
GREEN BALL	2012
HARD BALL 12/14	2011 - 2008
HARD BALL 16/18	2007 - 2004

TUESDAY

time	squad profile	level
3 - 4pm	ORANGE BALL	ALL LEVELS
4 - 5pm	GREEN BALL	1
4 - 5pm	HARD 12/14	1
6 - 7pm	HARD 12/14	1&2

FRIDAY

time	squad profile	level
3 - 4pm	GREEN BALL	1 & 2
3 - 4pm	RED BALL	2&3

SQUAD PROFILE	COST
RED BALL LEVEL 1 (45' min)	€124.00
RED BALL	€165.00
ORANGE BALL	€165.00
GREEN BALL	€165.00
HARD BALL 12/14	€165.00
HARD BALL 16/18	€165.00
FITNESS ORANGE	€75.00

WEDNESDAY

time	squad profile	level
3 - 4pm	GREEN BALL	1
3 - 4pm	GREEN BALL	2
4.30 - 5.30	HARD BALL 16/18	N/A
4.30 - 5.30	HARD BALL 12/14	1
4.30 - 5.30	GREEN BALL	3

SATURDAY

time	squad profile	level
3 - 4pm	RED BALL	2&3
3 - 4pm	ORANGE BALL	1&2
4 - 5pm	HARD BALL 12/14	1 & 2

KEY

The program will commence on Monday 13th September. 2 terms of 15 weeks each.

level 1 Beginners (first year of tennis or attended summer camp)

level 2 Intermediate (juniors on the second or third year of tennis)

level 3 Advance (juniors selected by tennis director)

Red ball 4&5 yo only all together

Orange and green level 3 fitness included. Session 1.5 h 1h tennis and 30 min fitness. Cost per session €16. Cost per term €240

Cost of the term €165 (€11 per session)

Fitness session on request to book on smartclubcloud.com (30 min - €5 per child)